

## Particularly important:

- The best preparation for the School is a regular visit to the day care center (Kita)
- Take therapy recommendations very seriously at all times.
- Support your children but never practice with a target in mind and do not put pressure on them.
- Physically passive activities need to be balanced with movement.
- Children need enough sleep, healthy food and lots of outdoors action.
- Sometimes children get too much excitement that they often cannot even process.
- A moderate and critical use of computers, cellphones and alike is very important.
- Children need again and again moments in which they can relax and come to rest.

## Contact

City of Duisburg (Stadt Duisburg)

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### Nähere Informationen:



[www.duisburg.de/bildungsregion](http://www.duisburg.de/bildungsregion)

## Useful Information for Parents

### Pre-School Fostering Learning Possibilities



# Play with me! Fostering means: „to do something together“

- Playful fostering of different competencies
- “I am packing my suitcase” („Ich packe meinen Koffer“)  
(memory ability/vocabulary)
- View picture books, tell stories and read aloud  
(general education/vocabulary)
- „Memory”  
(visual perception/memory ability)
- “I can see something, that you cannot see” („Ich sehe was, was du nicht siehst“)  
(visual perception/vocabulary)
- “All birds fly high” („Alle Vögel fliegen hoch“)  
(auditory perception/general education)
- Play board games
- Be creative together
- Early musical education:  
positive feedback for the learning development

- Many primary experiences:  
tree climbing, play with sand and water
- Help to become independent:  
dress alone, tie a bow etc.
- Practice behavior in traffic:  
point out dangers
- Experience everyday life consciously:  
cook, do groceries,  
make phone calls together etc.
- Promote good social behavior:  
Respect for other people and the environment,  
getting, accepting and giving help,  
showing and recognizing feelings,  
being able to listen and wait and  
develop friendships

**And much more...  
Stay in contact  
with your child.**

# Schedule until school starts

- **September 2025:**  
Letter from the City of Duisburg  
“School Registration”  
(„Schulanmeldung“)  
to the new students of  
the school year 2026/2027
- **September/October 2025:**  
Open day at primary schools  
(“Tag der offenen Tür“)
- **October 2025:**  
School Registration  
– Bring the birth certificate  
and the child
- **Summer 2026:**  
Information events of  
primary schools  
– parents’ evenings,  
– parents’ afternoons

